Herfstcriterium 2026: Session: 5: Startlist per athlete for TEAM: LAQUA

Coachinfo: Warming up from: 09:00 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob HEADCOACH

PB => Personal Best time

Athlete: BURSSENS EMMA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 13+	28	8	3	02:47.83	02:49.28	10:55

Athlete: DE RYCK HANNE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	6	4	03:08.81	03:13.09	11:45

Athlete: DERAEMAECKER LANDER

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	5	6	01:08.97	01:11.52	10:05

Athlete: NAUDé DANIëL

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M FREESTYLE MEN 13+	27	8	4	01:05.21	01:10.05	10:10 02:10
50M BACKSTROKE MEN 13+	31	11	1	00:32.67	00:40.08	12:20

Athlete: SIGSWORTH KAYA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE MEN 11-12	29	6	7	01:28.42	01:31.78	11:15

Athlete: SPADEA SAMUELE

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
100M BACKSTROKE MEN 11-12	29	4	7	01:35.62	no time	11:10

Athlete: VAN HOUDT SEOANE LISA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 11-12	30	10	8	02:59.99	03:03.27	12:00

Athlete: VANHEULE LéA

Style	Event	Heat	Lane	PB 25m pool	PB 50m pool	Starttime
200M MEDLEY WOMEN 13+	28	7	5	02:49.04	02:59.60	10:50